

“Remember the Sabbath day,
to keep it holy. Six days you
shall labor and do all your work,
but the seventh day is a
Sabbath of the LORD your
God; in it you shall not do any
work, you or your son or your
daughter, your male or your
female servant or your cattle or

your sojourner who stays with you. For in six days the LORD made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the LORD blessed the Sabbath day and made it holy.”

The Fourth Commandment; Ex 20:8-11